

**CURRICULUM VITA
ASEEMA GJESTAD
UGLEFOT**



PERSONAL INFORMATION

Name	ASEEMA GJESTAD UGLEFOT
Address	MISJONSVEIEN 56, N-4024 STAVANGER
Telephone	+47 92223750
E-mail	aseema@aseema.com
Nationality	Norwegian
Date of birth	24th of May 1958
Language	Mother tongue: Norwegian Fluently (written and oral): English Almost fluently: Spanish
Name of current employer	Bevissthet limited USP Contracting AS; Chairman of the Board
Type of business or sector	Courses and educations, coaching, hypnotherapy, NLP
Occupation or position held	Coach and trainer, Manager

WORK EXPERIENCE

Dates (from – to)	Name of employer	Description
1997 - today	Bevissthet limited and self employed	Therapist, coach, trainer, manager
2008 - today	USP Contracting AS	Chairman of the Board
1999	Laerdal Medical A/S	Marketing consultant
1995 - 1996	Laerdal Medical A/S	Marketing Manager (int.)
1993 - 1994	Laerdal Medical A/S	Product Manager (int.)
1989 - 1992	Hartwell Medical	Sales and Marketing Manager (int.)
1989 - 1992	Keltek AS/Mediman Medical AS	Manager
1989	Empaques de Carton Titan, Mexico	Marketing consultant
1988	Brødrene Flaarønning A/S	Marketing consultant
1983 - 1984	Gand Highschool	Teacher
1979 - 1983	Development Aid	Manager

EDUCATION AND TRAINING

Dates (from – to)	Name of school/institute	Description
2011	Phil Parker Institute, London	NLP Advanced
2009 - 2011	Phil Parker Institute, London	Repetition of NLP (Neurolinguistic Programming) Practitioner og Master, Coaching and hypnotherapy training.
2010 - 2011	Phil Parker Institute, London	Phil Parker Lightning Process training
2010	Core Transformation	License in Core Transformation process
2009	NLH, Stavanger, Norge	Veksfag (etikk, markedsf, lovgivning)
2009	TFT Academy, Telemark, Norge	Thought Field Therapy – Diagnosis
2009	TFT Academy, Telemark, Norge	Thought Field Therapy –module 1,2 og 3
2009	TFT Academy, Telemark, Norge	Thought Field Therapy – Algorithm training
2006	The School, Tyskland, med Byron Katie	Training in The Work
2001	Teacher Leigh Titus, London	PSH Hypnotherapy Training Voice Dialogue training (solving inner conflicts)
2000	Shree Adheesh, Norge	Tibetan Reiki healing
1998 - 1999	Trainer David Wagner: Courses in India and Germany	Tachyon (Healing) Pract. Level I og II Quality of One level I og II
1998 – 2008	Self study and trained by Nityo D Uglefot	Shamanic Healing
1997	Osho Commune, India	Osho Breath Therapy, Advanced
1997	Osho Commune, India, w/Dr. Peters	Osho Breath Therapy
1997	Satyam Reiki Commune, India	Usui Reiki Master Training
1990 - 1997	Osho Commune, India, Holistisk Institutt, Sweden and Norway	10 courses (preparing for the Breath Training)
1995 - 1998	Osho Commune, w/ Hariprem	Courses in qigong
1990 - 2000	Osho Commune, India, Holistisk Institutt, Sweden and Norway	Kurs og trening i Mindfulness
1998 - 2000	With Vasant, Roger Rokstad, Inner Light Institute	Holistic Massage, Tarot, palm reading etc.
1990 - 1991	Interaction, Oslo	NLP- Master
1989	Interaction, Oslo	NLP - Practitioner
1985-1988	Trondheim Økonomiske Høyskole The University of Trondheim	Bachelor degree in Business and Administration, spes. Marketing

OTHER PROJECTS

2001	Publishing CD Inner Journey a Guided meditation
2004	Publishing CD The Five Elements a Guided meditation (in Norwegian)
2008	Publishing CD An Inner Journey with Toth - the Awakening a Guided meditation (in Norwegian)
2009	A fairy tale (in Norwegian) - The pursuit of the source
2012	Hopefully publishing the book Power Healing - the Golden Way (in English)
2012	Publishing CD An Inner Journey with Toth - the Strength a Guided meditation (in Norwegian)
2010	Developed the concept Power Healing - The Golden Way
2010	Started the concept Better Breathing in 1-2-3
2012	Started the concept TransForm Process

LONGER STAYS OUT OF NORWAY

1978-1979 (4 mth)	Study trip in Africa
1982-1983 (6 mth)	Learning Spanish
1984-1985 (7 mth)	Travelling through south America
1989 (6 mth)	Mexico (job as marketing consultant)
1989-1992	Responsible for the European Market
1993-1994	Responsible for the European Market and development of products in corporation with the U.S. Subsidiary in California.
1995 (6 mth)	India and Australia - courses and trainings
1996-1997 (4 mth)	India og Thailand - courses and trainings
1997-1998 (6 mth)	Mexico (finish book project)
1999-2002 (10 mth)	India - courses and trainings
2009-2011	London - training in NLP, coaching, hypnotherapy and Lightning Process

I am today living in Norway (Stavanger) and Spain (Alicante area).